



School Information: Type your school information here.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Tuesday

Wednesday

Thursday

Friday



French Toast
Fruit
Juice
Choice of Milk **4**

Waffles
Fruit
Juice
Choice of Milk **5**

Pop Tarts
Fruit
Juice
Choice of Milk **6**

Pig In A Blanket
Fruit
Juice
Choice of Milk **7**

Type your Muffins
Fruit
Juice
Choice of Milk **8**

Pancakes
Fruit
Juice
Choice of Milk **11**

Biscuit w/ sausage patty
Fruit
Juice
Choice of Milk **12**

Ham, beans & Cheese Taco
Fruit
Juice
Choice of Milk **13**

French Toast
Fruit
Juice
Choice of Milk **14**

Cereal
Fruit
Juice
Choice of Milk **15**

Chorizo, beans & Egg Taco
Fruit
Juice
Choice of Milk **18**

Waffles
Fruit
Juice
Choice of Milk **19**

Muffins
Fruit
Juice
Choice of Milk **20**

Pop Tarts
Fruit
Juice
Choice of Milk **21**

Pig In A Blanket
Fruit
Juice
Choice of Milk **22**

Waffles
Fruit
Juice
Choice of Milk **25**

Muffins
Fruit
Juice
Choice of Milk **26**

Pancakes
Fruit
Juice
Choice of Milk **27**

Cereal
Fruit
Juice
Choice of Milk **28**

Pig In A Blanket
Fruit
Juice
Choice of Milk **29**



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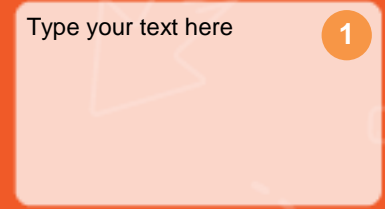
Monday

Tuesday

Wednesday

Thursday

Friday



Beef & Cheese Nachos **4**
Beans, Lettuce & Tomato
Fruit
Choice of Milk

Corn Dogs **5**
Mixed Vegetable
Potato Chips
Fruit
Choice of Milk

Chicken Nuggets **6**
Corn
Mash Potato
Fruit
Choice of Milk

Pollo con Papas **7**
Beans
Tortilla
Fruit
Choice of Milk

Pizza **8**
Spinach
Salad Broccoli
Fruit
Choice of Milk

Salisbury Steak **11**
Mash Potato
Green Beans
Fruit
Choice of Milk

Carne con Papas **12**
Rice
Beans
Fruit
Choice of Milk

BBQ Brisket **13**
Charro Beans
Corn
Fruit
Choice of Milk

Tostadas De Pollo **14**
Beans
Lettuce & Tomato
Fruit
Choice of Milk

Pizza **15**
Baby Carrots
Garden Salad
Fruit
Choice of Milk

Sloppy Joe Burger **18**
Mixed Vegetables
Potato Chips
Fruit
Choice of Milk

Beef & Cheese Nachos **19**
Beans
Lettuce & Tomato
Fruit
Choice of Milk

Chicken Nuggets **20**
Corn
Mash Potato
Fruit
Choice of Milk

Hot Dogs **21**
Baked Beans
Green Beans
Fruit
Choice of Milk

Pizza **22**
Spinach Salad
Broccoli
Fruit
Choice of Milk

Pollo con Papas **25**
Beans
Tortilla
Fruit Choice of Milk

Beef Crunchy Tacos **26**
Lettuce & Tomato
Beans
Fruit Choice of Milk

Italian Meatballs Sub **27**
Macaroni & Cheese
Broccoli
Fruit Choice of Milk

Chicken Burger **28**
Corn
Lettuce & Tomato
Fruit
Choice of Milk

Pizza **29**
Spinach Salad
Broccoli
Fruit
Choice of Milk